PURPOSE:
The purpose of the Parkinson’s Exercise Group is to offer our Parkinson’s patient population an opportunity to continue exercising in a supervised environment after discharge from formal therapy.

ELIGIBILTY:
You must be able to participate in the exercise class independently.

FREQUENCY:
The group is offered on Wednesday from 3:00-4:00 pm.

WHERE: Neuroscience Center
        Allison Suite 215
        3555 West 13 Mile Road
        Royal Oak, MI 48073

COST: $80.00 for 6 sessions

INSTRUCTOR: A minimum of two therapists per session

Maximum number of participants is 20 per group.

****CALL TODAY TO RESERVE YOUR SPOT: (248) 551-1000